

The logo for the National Ski Patrol, featuring a blue shield with a white cross and the words "NATIONAL SKI PATROL" in white. To the right of the shield are three red wavy lines. Below the shield is a registered trademark symbol (®).

NATIONAL
SKI PATROL

Ski Apache Ski Patrol

Introduction to the Patrol

November 2023

A solid red arrow pointing to the right, located in the bottom left corner of the slide.



National Ski Patrol

www.nsp.org

- ▶ NSP Mission - To help keep people safe on the mountain and during other outdoor activities
- ▶ The National Ski Patrol is a nonprofit organization that was founded in 1938
- ▶ Composed of more than 28,000 members (paid and volunteers) serving over 650 patrols
- ▶ NSP members work on behalf of local ski and snowboard areas to improve the overall snow sports experience for outdoor recreationists
- ▶ Deriving its primary financial support from membership dues, donations, user fees, and corporate sponsorships



Ski Apache Ski Patrol

- Located at Ski Apache resort in Ruidoso, NM
- Approximately 80 members paid and volunteer
- Ski Apache Patrol Officers
 - Paid Patrol
 - Patrol Director: Jimmy Mike Luna
 - Volunteers
 - Patrol Representative: Christi Garrison
 - Ass. Patrol Rep: Tristan Smith



Ski Apache Ski Patrol Requirements

- ▶ The **desire** to help others
- ▶ Do **not** need the ability to ski or snowboard but it doesn't hurt!
- ▶ Completion of Outdoor Emergency Care (OEC) course
 - ▶ Course information given after application
 - ▶ If currently holding EMT or higher can challenge the course
- ▶ Current CPR card



Ski Apache Ski Patrol Requirements continued

- ▶ 16 days/season volunteering
 - ▶ Will not have to pay for lift tickets on volunteer days.
 - ▶ Days typically start at 0800 and go until 1700
 - ▶ Morning meeting starts at 0810 in the patrol room.
- ▶ To maintain a OEC cert you will have to attend an annual refresher presented by NSP
- ▶ Attend orientation



Type of Members within NSP

- ▶ Candidate – Paid dues, registered in OEC
- ▶ Patroller – Validated OEC skills (required duty in the patrol room)
- ▶ Alpine Patroller – Validated in Outdoor Emergency Transportation (OET) aka pulls a sled and ski/board skills (required duty on the hill)
- ▶ Mountain Hosts – Associate members of NSP trained in basic first aid.
- ▶ Volunteer and Pro Members
- ▶ Senior Patrollers
- ▶ Senior Alpine Patrollers



NSP Courses

- Outdoor Emergency Care®
- Outdoor First Care (basic first aid)
- Alpine skiing, snowboarding, and Nordic skiing proficiency
- Toboggan handling (aka Outdoor Emergency Transportation)
- Mountain Travel and Rescue Level 1 and Level 2
- Avalanche Level 1 and Level 2
- Instructor Development

Outdoor Emergency Care Course

Prerequisites for Ski Apache: BLS CPR, and one in person training for patient assessment.

- ▶ Challenge Prerequisite: Current M.D./D.O., RN, PA/NP, LNP or any level of EMT
- ▶ Course Time Commitment: 80 to 100 hours of class and study time
- ▶ NSP Course Fees (course or challenge): Member—\$60; Associate/Affiliate—\$60; Non-member—\$300; Division—\$10; Local—varies
- ▶ CPR – Hybrid through AHA with Patrol instructors \$41
- ▶ Outdoor emergency care book \$125
 - ▶ <https://www.psglearning.com/catalog/productdetails/9781284205251>
- ▶ Credentials: NSP Certificate of Achievement; OEC card (valid for three years)
 - ▶ **Continuing Education/Refresher Requirement: 1/3 of the total curriculum yearly**



Our Training for Patrollers

- ▶ OEC – Outdoor Emergency Care
 - ▶ Location: Ski Apache Ski Area, patrol room and on the hill
 - ▶ Training will happen during the ski season or summer operations and the training is complete when all online learning, skills, and required scenarios are completed. Training is followed by a written and hands on test created by National Ski Patrol.
 - ▶ New course will have on the job training (see notes)
- ▶ On The Hill (OTH) training
 - ▶ Ski and Snowboard skills are step one, if your skills meet the standard then sled training will start.



Our Training for Mountain Hosts

- ▶ OFC – Outdoor First Care

- ▶ Location: Ski Apache Ski Area, patrol room and on the hill
- ▶ Training will happen during the ski season and the training is complete when all online learning, skills, and required scenarios are completed. The training is followed by a hands on scenario based test and a written test provided by National Ski Patrol.

- ▶ On The Hill (OTH) training

- ▶ Ski and Snowboard skills are step one, if your skills meet the standard then sled training will start.



Expected Estimated Cost without Travel and Gear for Patrollers

<u>Items</u>	<u>Amount</u>
NSP Dues	\$80.00
Division Dues	\$20.00
Local Patrol Dues and Refresher Costs	\$10.00
Outdoor Emergency Care 6th Edition Book	\$125.00
OEC Course on NSP	\$60.00
OEC Online Platform Free with Book	\$0.00
FEMA ICS 100 Course (2-3 Hours)	\$0.00
AHA Healthcare Provider CPR (hybrid through patrol)	\$41.00
Total	\$336.00

Note: All costs are subject to change and travel costs are not included.



Expected Estimated Cost without Travel and Gear for Mountain Hosts

<u>Items</u>	<u>Amount</u>
NSP Dues	\$80.00
Division Dues	\$20.00
Local Patrol Dues and Refresher Costs	\$10.00
Online material	\$0.00
Outdoor First Care Course on NSP	\$25.00
FEMA ICS 100 Course (2-3 Hours)	\$0.00
AHA Healthcare Provider CPR (hybrid through patrol)	\$41.00
Total	\$176.00

Note: All costs are subject to change and travel costs are not included.



Equipment for OEC/Patrolling

- ▶ OEC course materials
 - ▶ Computer for online portion of the course
 - ▶ Textbook, notebook / Pen
 - ▶ Food and snacks
 - ▶ Appropriate clothing for outside training
- ▶ Items needed for OEC training and volunteering
 - ▶ Ski or snowboard equipment
 - ▶ Helmets required
 - ▶ Appropriate Ski Clothing – ski jacket + pants (black)
 - ▶ Vest/pack for medical supplies, water, and snacks



Equipment for OFC Mountain Hosts

- ▶ OFC course materials
 - ▶ Computer for online portion of the course
 - ▶ Notebook / Pen
 - ▶ Food and snacks
 - ▶ Appropriate clothing for outside training
- ▶ Items needed for OFC training and volunteering
 - ▶ Ski or snowboard equipment
 - ▶ Helmets required
 - ▶ Appropriate Ski Clothing – ski jacket + pants (black)
 - ▶ Vest/pack for medical supplies, water, and snacks



Book Information

OEC 6th Edition

- ▶ Hard Copy, electronic, audio
 - ▶ OEC 6th Edition
 - ▶ <https://www.psglearning.com/catalog/productdetails/9781284205251>
 - ▶ With the purchase of the hard copy you have access to the audio and electronic versions and access to the online learning platform.
- ▶ Electronic copy with access code: **Advantage access**
 - ▶ <https://www.psglearning.com/catalog/productdetails/9781284240764>



The Way Ahead for future Patrollers

- ▶ If you are interested
 - ▶ Contact skiapacheskipatrol@gmail.com
 - ▶ Purchase a text book (hard copy)
 - ▶ Register with National Ski Patrol
 - ▶ Be added to the Patrol Roster
 - ▶ Pay NSP Dues
 - ▶ Get course specific information from the OEC course lead.
 - ▶ Complete professional level CPR training
 - ▶ Complete or Challenge the OEC course



The Way Ahead for future Mountain Hosts

- ▶ If you are interested
 - ▶ Contact skiapacheskipatrol@gmail.com
 - ▶ Register with National Ski Patrol
 - ▶ Be added to the Patrol Roster
 - ▶ Pay NSP Dues
 - ▶ Get course specific information from the OFC course lead.
 - ▶ Complete professional level CPR training
 - ▶ Complete the OEC course (2 days typically)